



1  
00:00:22,369 --> 00:00:39,310

I'm ready

2  
00:00:44,890 --> 00:00:42,370

future explorers will venture in harsher

3  
00:00:47,260 --> 00:00:44,900

environments than ever before at

4  
00:00:50,950 --> 00:00:47,270

distances never encountered in human

5  
00:00:58,240 --> 00:00:50,960

history for durations never achieved by

6  
00:01:04,390 --> 00:01:01,150

a future mission to Mars could take as

7  
00:01:07,660 --> 00:01:04,400

long as three years astronauts would

8  
00:01:09,280 --> 00:01:07,670

work four years at a lunar base three

9  
00:01:13,300 --> 00:01:09,290

Americans undertook the first

10  
00:01:17,260 --> 00:01:13,310

long-duration mission in 1974 returning

11  
00:01:20,530 --> 00:01:17,270

safely to Earth after 84 days aloft two

12  
00:01:22,570 --> 00:01:20,540

Soviets have spent a year in space both

13  
00:01:24,969 --> 00:01:22,580

programs have shown that there is much

14

00:01:27,400 --> 00:01:24,979

yet to learn to enable astronauts to

15

00:01:29,639 --> 00:01:27,410

undertake long missions to keep them

16

00:01:32,350 --> 00:01:29,649

healthy physically and psychologically

17

00:01:34,930 --> 00:01:32,360

to provide them with medical care and

18

00:02:01,249 --> 00:01:34,940

life-support and to protect them from

19

00:02:05,999 --> 00:02:04,109

when astronauts travel beyond the

20

00:02:09,479 --> 00:02:06,009

sanctuary of the magnetic field

21

00:02:11,910 --> 00:02:09,489

surrounding our planet they're no longer

22

00:02:14,790 --> 00:02:11,920

protected from cosmic rays and solar

23

00:02:17,490 --> 00:02:14,800

flare radiation without shielding an

24

00:02:20,809 --> 00:02:17,500

astronaut exposed to a solar flare event

25

00:02:23,759 --> 00:02:20,819

would become ill with radiation sickness

26

00:02:25,949 --> 00:02:23,769

chronic exposure to cosmic radiation

27

00:02:29,759 --> 00:02:25,959

could increase an astronaut's risk of

28

00:02:32,130 --> 00:02:29,769

developing cancer before explorers can

29

00:02:35,100 --> 00:02:32,140

undertake long missions far from home

30

00:02:36,870 --> 00:02:35,110

life sciences researchers must find out

31

00:02:40,830 --> 00:02:36,880

more about the hazards of space

32

00:02:43,160 --> 00:02:40,840

radiation high on a hillside overlooking

33

00:02:45,690 --> 00:02:43,170

the university campus in Berkeley

34

00:02:47,880 --> 00:02:45,700

scientists use an accelerator to whip

35

00:02:50,400 --> 00:02:47,890

tiny fragments of matter faster and

36

00:02:53,130 --> 00:02:50,410

faster to higher and higher energies and

37

00:02:56,640 --> 00:02:53,140

then hurl them at a target to simulate

38

00:02:59,250 --> 00:02:56,650

space radiation on earth this is the

39

00:03:02,180 --> 00:02:59,260

only way we have to learn more about how

40

00:03:04,140 --> 00:03:02,190

space radiation damages living cells

41

00:03:07,170 --> 00:03:04,150

Greg Nelson of the Jet Propulsion

42

00:03:09,509 --> 00:03:07,180

Laboratory uses this unique facility at

43

00:03:10,289 --> 00:03:09,519

Berkeley to irradiate microscopic

44

00:03:12,660 --> 00:03:10,299

roundworms

45

00:03:15,059 --> 00:03:12,670

it's a nematode or a roundworm called

46

00:03:16,830 --> 00:03:15,069

scene Arab Titus elegans and what we

47

00:03:19,289 --> 00:03:16,840

actually look for after the worms have

48

00:03:21,750 --> 00:03:19,299

been exposed to these artificial cosmic

49

00:03:24,240 --> 00:03:21,760

rays is the presence of mutations or

50

00:03:27,750 --> 00:03:24,250

damage to known populations of cells in

51  
00:03:30,090 --> 00:03:27,760  
our bodies our ultimate goal is to be

52  
00:03:33,900 --> 00:03:30,100  
able to use our model animal C elegans

53  
00:03:37,319 --> 00:03:33,910  
to extrapolate to the cancer risk for

54  
00:03:40,160 --> 00:03:37,329  
human beings earth-based experiments can

55  
00:03:42,479 --> 00:03:40,170  
only simulate space radiation soon

56  
00:03:44,670 --> 00:03:42,489  
scientists will have the opportunity to

57  
00:03:47,129 --> 00:03:44,680  
study the effects of long-term exposure

58  
00:03:49,979 --> 00:03:47,139  
to the real space radiation environment

59  
00:03:53,750 --> 00:03:49,989  
flying round worms and insects plants

60  
00:03:56,899 --> 00:03:53,760  
and human cells aboard NASA's life's at

61  
00:03:58,640 --> 00:03:56,909  
what we learn will help physicists as

62  
00:04:00,559 --> 00:03:58,650  
they investigate the different

63  
00:04:03,220 --> 00:04:00,569

spacecraft materials that will protect

64

00:04:05,869 --> 00:04:03,230

our astronauts from space radiation

65

00:04:08,869 --> 00:04:05,879

developing shielding is a difficult task

66

00:04:10,990 --> 00:04:08,879

the shield the skin of the spacecraft

67

00:04:13,990 --> 00:04:11,000

has to be thick enough to stop

68

00:04:16,670 --> 00:04:14,000

micrometeorites but not too thick

69

00:04:19,099 --> 00:04:16,680

because when high-energy particles

70

00:04:21,080 --> 00:04:19,109

collide with the shield the collisions

71

00:04:23,360 --> 00:04:21,090

produce secondary particles that can

72

00:04:26,450 --> 00:04:23,370

also damage the cells of an astronaut

73

00:04:29,150 --> 00:04:26,460

body the thicker the shield the more

74

00:04:32,390 --> 00:04:29,160

collisions the more damaging secondary

75

00:04:34,490 --> 00:04:32,400

particles are produced shielding has to

76  
00:04:37,040 --> 00:04:34,500  
be thin enough to hold down the effects

77  
00:04:40,760 --> 00:04:37,050  
of the collisions and still protect the

78  
00:04:42,950 --> 00:04:40,770  
craft with real data life sciences

79  
00:04:44,659 --> 00:04:42,960  
researchers will set radiation exposure

80  
00:04:47,210 --> 00:04:44,669  
limits that will drive the development

81  
00:04:49,400 --> 00:04:47,220  
of new shielding materials and other

82  
00:04:52,310 --> 00:04:49,410  
protective measures so that our

83  
00:04:54,800 --> 00:04:52,320  
explorers can safely undertake extended

84  
00:05:02,719 --> 00:04:54,810  
missions beyond Earth's magnetic

85  
00:05:18,899 --> 00:05:06,239  
for most astronauts microgravity is fun

86  
00:05:21,269 --> 00:05:18,909  
once they get used to it virtually all

87  
00:05:23,249 --> 00:05:21,279  
of the body's systems systems that have

88  
00:05:25,919 --> 00:05:23,259

evolved for millions of years in the

89

00:05:28,169 --> 00:05:25,929

presence of gravity begin adapting to

90

00:05:31,230 --> 00:05:28,179

the absence of gravity within hours of

91

00:05:34,439 --> 00:05:31,240

liftoff but these changes in the body

92

00:05:36,929 --> 00:05:34,449

can cause problems when an astronaut

93

00:05:40,339 --> 00:05:36,939

skeleton is no longer needed to support

94

00:05:42,959 --> 00:05:40,349

his body his bones grow thin and porous

95

00:05:45,589 --> 00:05:42,969

muscles that on earth work against the

96

00:05:49,139 --> 00:05:45,599

downward tug of gravity to remain strong

97

00:05:51,239 --> 00:05:49,149

atrophy if not used the heart shrinks

98

00:05:53,369 --> 00:05:51,249

when it no longer has to pump blood from

99

00:05:55,619 --> 00:05:53,379

the feet to the head against the pull of

100

00:05:58,079 --> 00:05:55,629

gravity because of these and other

101  
00:06:00,119 --> 00:05:58,089  
changes astronauts on an extended

102  
00:06:02,459 --> 00:06:00,129  
mission would lose the strength and

103  
00:06:04,639 --> 00:06:02,469  
stamina needed to return to Earth or

104  
00:06:07,319 --> 00:06:04,649  
explore the surface of another planet

105  
00:06:09,899 --> 00:06:07,329  
chief of the Life Sciences Division at

106  
00:06:12,600 --> 00:06:09,909  
NASA's Ames Research Center Joan Vern

107  
00:06:14,459 --> 00:06:12,610  
echoes when they return to Earth even

108  
00:06:16,799 --> 00:06:14,469  
with all the exercise and

109  
00:06:19,319 --> 00:06:16,809  
countermeasures they do Romanenko for

110  
00:06:22,079 --> 00:06:19,329  
instance and other Soviets so they

111  
00:06:24,269 --> 00:06:22,089  
cannot walk unassisted for at least 48

112  
00:06:26,429 --> 00:06:24,279  
hours well you can't do that on landing

113  
00:06:30,499 --> 00:06:26,439

on Mars you have to be able to either

114

00:06:33,749 --> 00:06:30,509

egress rapidly in case of emergency or

115

00:06:35,730 --> 00:06:33,759

get out in this relatively alien

116

00:06:38,429 --> 00:06:35,740

environment and build a shelter or a

117

00:06:40,859 --> 00:06:38,439

habitat before you go exploring around

118

00:06:44,730 --> 00:06:40,869

the Martian surface and therefore you

119

00:06:47,699 --> 00:06:44,740

cannot afford to be weak or unable to

120

00:06:50,159 --> 00:06:47,709

move to help our astronauts overcome

121

00:06:52,019 --> 00:06:50,169

space deconditioning researchers at the

122

00:06:54,419 --> 00:06:52,029

Johnson Space Center are developing

123

00:06:57,089 --> 00:06:54,429

countermeasures chief of the medical

124

00:06:58,949 --> 00:06:57,099

operations branch Jeff Davis on the

125

00:07:01,049 --> 00:06:58,959

Space Shuttle we employ countermeasures

126

00:07:03,480 --> 00:07:01,059

that range from things as simple as flu

127

00:07:06,389 --> 00:07:03,490

loading to replace volume that's lost

128

00:07:08,500 --> 00:07:06,399

during flight to exercise for a

129

00:07:11,650 --> 00:07:08,510

cardiovascular conditioning and muscle

130

00:07:13,960 --> 00:07:11,660

strength to the use of a g-suit to help

131

00:07:16,480 --> 00:07:13,970

the body overcome the forces of gravity

132

00:07:18,820 --> 00:07:16,490

during entry during a recent space

133

00:07:20,770 --> 00:07:18,830

shuttle flight bonny Dunbar tested a

134

00:07:22,840 --> 00:07:20,780

countermeasure device that could help an

135

00:07:25,570 --> 00:07:22,850

astronaut prepare for the return to

136

00:07:28,600 --> 00:07:25,580

gravity completely enclosing her lower

137

00:07:30,790 --> 00:07:28,610

body the device uses a partial vacuum to

138

00:07:34,150 --> 00:07:30,800

pull blood down to the feet in the same

139

00:07:35,770 --> 00:07:34,160

way that gravity does on earth for Space

140

00:07:39,100 --> 00:07:35,780

Station we'll be interested in looking

141

00:07:41,080 --> 00:07:39,110

at research into areas such as bone loss

142

00:07:43,900 --> 00:07:41,090

and potential use of medications as a

143

00:07:48,670 --> 00:07:43,910

countermeasure to diet and dietary

144

00:07:51,310 --> 00:07:48,680

supplements high school teacher Vincent

145

00:07:54,040 --> 00:07:51,320

du is in perfect health but beginning

146

00:07:57,940 --> 00:07:54,050

today he'll be confined to bed for the

147

00:08:01,240 --> 00:07:57,950

next 17 weeks he'll never get up or sit

148

00:08:03,820 --> 00:08:01,250

up even to eat keeping his feet higher

149

00:08:06,010 --> 00:08:03,830

than his head shifts fluids to his upper

150

00:08:08,230 --> 00:08:06,020

body and takes the stress off his

151  
00:08:10,450 --> 00:08:08,240  
muscles and bones to simulate the

152  
00:08:13,390 --> 00:08:10,460  
changes that astronauts experience in

153  
00:08:15,580 --> 00:08:13,400  
the absence of gravity through bedrest

154  
00:08:18,100 --> 00:08:15,590  
studies like this one conducted at the

155  
00:08:19,540 --> 00:08:18,110  
Ames Research Center scientists can

156  
00:08:23,170 --> 00:08:19,550  
experiment with different combinations

157  
00:08:24,640 --> 00:08:23,180  
of diet medication and exercise to

158  
00:08:27,550 --> 00:08:24,650  
offset the effects of space

159  
00:08:29,260 --> 00:08:27,560  
deconditioning for Vincent the

160  
00:08:31,750 --> 00:08:29,270  
experiment ends with a ride in a

161  
00:08:37,420 --> 00:08:31,760  
centrifuge to simulate an astronaut's

162  
00:08:43,190 --> 00:08:40,130  
since Vincent had no problem with his

163  
00:08:44,990 --> 00:08:43,200

reentry these same countermeasures might

164

00:08:48,670 --> 00:08:45,000

work to keep an astronaut in good

165

00:08:50,900 --> 00:08:48,680

condition during an extended mission

166

00:08:54,020 --> 00:08:50,910

exercise has been an effective

167

00:08:56,270 --> 00:08:54,030

countermeasure for Soviet cosmonauts but

168

00:08:59,060 --> 00:08:56,280

near the end of an 11 month stay aboard

169

00:09:01,220 --> 00:08:59,070

the Soviet space station Mir cosmonaut

170

00:09:04,130 --> 00:09:01,230

Yuri Romanenko was working out as much

171

00:09:06,910 --> 00:09:04,140

as four hours a day severely limiting

172

00:09:10,670 --> 00:09:06,920

the time he could devote to his mission

173

00:09:12,560 --> 00:09:10,680

so in a parallel effort nasa researchers

174

00:09:14,480 --> 00:09:12,570

are investigating the benefits of the

175

00:09:17,060 --> 00:09:14,490

artificial gravity produced by

176

00:09:19,130 --> 00:09:17,070

centrifugal force such as the gravity

177

00:09:22,430 --> 00:09:19,140

produced by the spinning spacecraft of

178

00:09:24,980 --> 00:09:22,440

science fiction scientists don't yet

179

00:09:27,980 --> 00:09:24,990

know if artificial gravity will work or

180

00:09:30,110 --> 00:09:27,990

if it does just how much is needed would

181

00:09:33,560 --> 00:09:30,120

an hour a day spend in a small exercise

182

00:09:36,650 --> 00:09:33,570

centrifuge keep astronauts fit or would

183

00:09:38,200 --> 00:09:36,660

the entire spacecraft have to rotate 24

184

00:09:40,400 --> 00:09:38,210

hours a day

185

00:09:42,740 --> 00:09:40,410

answers to these questions will

186

00:09:44,990 --> 00:09:42,750

significantly influence the design and

187

00:09:47,540 --> 00:09:45,000

cost of the spacecraft that will carry

188

00:09:51,269 --> 00:09:47,550

our astronauts further into the space

189

00:10:00,119 --> 00:09:57,720

a spacecraft bound for Mars will be so

190

00:10:02,879 --> 00:10:00,129

massive that it won't be launched from

191

00:10:06,660 --> 00:10:02,889

Earth in one piece it will be assembled

192

00:10:09,449 --> 00:10:06,670

on orbit to do the job our astronauts

193

00:10:13,319 --> 00:10:09,459

will spend many long hours working every

194

00:10:15,720 --> 00:10:13,329

a so biomechanics engineers at the

195

00:10:17,220 --> 00:10:15,730

Johnson Space Center are working to make

196

00:10:19,710 --> 00:10:17,230

sure that the tasks they'll be

197

00:10:24,119 --> 00:10:19,720

performing don't ask more than an

198

00:10:25,910 --> 00:10:24,129

astronaut has to give tests are

199

00:10:31,499 --> 00:10:25,920

conducted in simulated weightlessness

200

00:10:33,720 --> 00:10:31,509

under water the crank measures how much

201  
00:10:36,629 --> 00:10:33,730  
strength the space-suited astronaut can

202  
00:10:39,389 --> 00:10:36,639  
exert underwater video captures the

203  
00:10:43,679 --> 00:10:39,399  
action sensors record which muscles

204  
00:10:45,900 --> 00:10:43,689  
produce the motion engineers analyze the

205  
00:10:50,460 --> 00:10:45,910  
data and determine how much force an

206  
00:10:52,499 --> 00:10:50,470  
astronaut can deliver they then

207  
00:10:55,679 --> 00:10:52,509  
developed computer models of human

208  
00:10:58,290 --> 00:10:55,689  
capabilities these smart tools will help

209  
00:11:01,110 --> 00:10:58,300  
researchers see how astronauts will work

210  
00:11:05,220 --> 00:11:01,120  
in environments that don't even yet

211  
00:11:07,230 --> 00:11:05,230  
exist real requirements can then be set

212  
00:11:18,230 --> 00:11:07,240  
to make sure that tasks can be

213  
00:11:25,020 --> 00:11:22,680

when gene cernan Ronald Evans and Jack

214

00:11:27,690 --> 00:11:25,030

Schmitt departed earth on the last and

215

00:11:31,530 --> 00:11:27,700

longest Apollo mission they took some

216

00:11:36,090 --> 00:11:31,540

500 pounds of air food and water with

217

00:11:38,370 --> 00:11:36,100

them were those same three men to go to

218

00:11:40,950 --> 00:11:38,380

work at a lunar outpost for a two-year

219

00:11:43,320 --> 00:11:40,960

tour of duty using the same life-support

220

00:11:45,330 --> 00:11:43,330

system we have today each man's

221

00:11:50,700 --> 00:11:45,340

provisions would require a dedicated

222

00:11:52,950 --> 00:11:50,710

launch a prohibitive expense what's

223

00:11:56,730 --> 00:11:52,960

needed is a life-support system that can

224

00:11:59,160 --> 00:11:56,740

recycle food and air water and waste in

225

00:12:01,530 --> 00:11:59,170

a closed system astronauts will grow

226

00:12:03,390 --> 00:12:01,540

their own crops just like the wheat

227

00:12:06,510 --> 00:12:03,400

grown in this environmentally sealed

228

00:12:08,700 --> 00:12:06,520

chamber at the Kennedy Space Center with

229

00:12:10,380 --> 00:12:08,710

this component of a closed life-support

230

00:12:12,750 --> 00:12:10,390

system researchers here are

231

00:12:15,150 --> 00:12:12,760

demonstrating the feasibility of using

232

00:12:19,290 --> 00:12:15,160

plants to provide fresh air clean water

233

00:12:21,630 --> 00:12:19,300

and nutritious food by carefully

234

00:12:24,000 --> 00:12:21,640

controlling the nutrient solution the

235

00:12:26,640 --> 00:12:24,010

moisture in the atmosphere and exposure

236

00:12:29,450 --> 00:12:26,650

to simulated sunlight this biological

237

00:12:32,960 --> 00:12:29,460

system is proving to be very reliable

238

00:12:36,210 --> 00:12:32,970

but will it work as well without gravity

239

00:12:38,880 --> 00:12:36,220

the space station freedom will serve as

240

00:12:41,010 --> 00:12:38,890

a testbed to qualify the life-support

241

00:12:54,180 --> 00:12:41,020

system that will sustain our space

242

00:13:02,010 --> 00:12:57,580

for researchers in the Antarctic it is

243

00:13:11,470 --> 00:13:05,440

in this remote corner of the globe the

244

00:13:14,260 --> 00:13:11,480

nearest medical care is hours away on an

245

00:13:18,750 --> 00:13:14,270

expedition to Mars when an emergency

246

00:13:21,490 --> 00:13:18,760

occurs there is no place to go

247

00:13:25,900 --> 00:13:21,500

crews must handle medical emergencies

248

00:13:28,000 --> 00:13:25,910

and treat routine illness themselves so

249

00:13:29,530 --> 00:13:28,010

doctors and engineers at the Johnson

250

00:13:32,070 --> 00:13:29,540

Space Center are putting the

251  
00:13:35,970 --> 00:13:32,080  
capabilities of an emergency room a

252  
00:13:39,780 --> 00:13:35,980  
medical laboratory and an x-ray facility

253  
00:13:42,790 --> 00:13:39,790  
into a compact clinic for use in space

254  
00:13:44,440 --> 00:13:42,800  
for tightly packed racks of specially

255  
00:13:46,600 --> 00:13:44,450  
engineered medical equipment and

256  
00:13:49,570 --> 00:13:46,610  
supplies will provide what's needed to

257  
00:13:51,970 --> 00:13:49,580  
perform diagnostic tests treat injuries

258  
00:13:54,850 --> 00:13:51,980  
and illness and keep track of patient

259  
00:13:57,490 --> 00:13:54,860  
records but medical systems and

260  
00:13:59,710 --> 00:13:57,500  
procedures for use in space must be more

261  
00:14:02,740 --> 00:13:59,720  
than compact they must work without

262  
00:14:04,870 --> 00:14:02,750  
gravity and so they're tested by a team

263  
00:14:08,110 --> 00:14:04,880

of doctors and technicians in a very

264

00:14:11,440 --> 00:14:08,120

unusual test facility research engineer

265

00:14:14,470 --> 00:14:11,450

Terry yes just like a roller coaster the

266

00:14:17,020 --> 00:14:14,480

kc-135 flies in a parabolic flight path

267

00:14:19,300 --> 00:14:17,030

as the plane reaches the peak of his

268

00:14:21,700 --> 00:14:19,310

path it starts to nose over and at that

269

00:14:24,010 --> 00:14:21,710

point you get 25 to 30 seconds of zero

270

00:14:25,390 --> 00:14:24,020

gravity this doesn't sound like a lot

271

00:14:35,540 --> 00:14:25,400

but it's the only way we have on earth

272

00:14:40,140 --> 00:14:37,830

performing medical procedures without

273

00:14:42,870 --> 00:14:40,150

gravity requires an entirely different

274

00:14:51,020 --> 00:14:42,880

approach to medical care with much

275

00:14:57,480 --> 00:14:54,030

astronauts may seem very different from

276

00:14:59,490 --> 00:14:57,490

aquanauts but this diver experiences

277

00:15:02,490 --> 00:14:59,500

some of the same psychological stress

278

00:15:05,820 --> 00:15:02,500

from isolation and confinement that an

279

00:15:07,980 --> 00:15:05,830

astronaut will on a long mission the

280

00:15:11,100 --> 00:15:07,990

diver works for weeks at a time cut off

281

00:15:13,830 --> 00:15:11,110

from family and friends he lives in a

282

00:15:16,320 --> 00:15:13,840

facility that is cramped and closed with

283

00:15:19,140 --> 00:15:16,330

a tiny kitchen and living area and six

284

00:15:21,930 --> 00:15:19,150

bunks stacked three on a side it is a

285

00:15:24,810 --> 00:15:21,940

habitat for aquanauts not unlike that of

286

00:15:27,650 --> 00:15:24,820

astronauts which is why human factors

287

00:15:30,960 --> 00:15:27,660

researchers study the divers behavior

288

00:15:33,330 --> 00:15:30,970

how do people handle the isolation the

289

00:15:35,610 --> 00:15:33,340

lack of privacy and the prolonged

290

00:15:38,610 --> 00:15:35,620

confinement how do different

291

00:15:40,670 --> 00:15:38,620

personalities mix how does the group

292

00:15:43,350 --> 00:15:40,680

function as a whole

293

00:15:45,360 --> 00:15:43,360

continued human factors research with

294

00:15:47,790 --> 00:15:45,370

divers and others at work in remote

295

00:15:50,340 --> 00:15:47,800

environments will determine selection

296

00:15:52,800 --> 00:15:50,350

criteria and training and psychological

297

00:15:59,820 --> 00:15:52,810

support techniques that will help ensure

298

00:16:05,050 --> 00:16:02,860

life sciences researchers are at work on

299

00:16:07,300 --> 00:16:05,060

a variety of fronts studying the

300

00:16:10,060 --> 00:16:07,310

physical and psychological impacts of

301

00:16:12,940 --> 00:16:10,070

extended missions this research is

302

00:16:16,480 --> 00:16:12,950

critical if we are to sustain nurture

303

00:16:19,000 --> 00:16:16,490

and protect our space explorers it is

304

00:16:23,220 --> 00:16:19,010

this research that will turn our dreams

305

00:16:25,420 --> 00:16:23,230

of space exploration into reality I

306

00:16:29,140 --> 00:16:25,430

believe that this nation should commit

307

00:16:31,810 --> 00:16:29,150

itself to achieving the goal before this

308

00:16:33,940 --> 00:16:31,820

decade is out of landing a man on the

309

00:16:39,400 --> 00:16:33,950

moon and returning him safely to the

310

00:16:42,100 --> 00:16:39,410

earth I believe before Apollo celebrates

311

00:16:44,560 --> 00:16:42,110

the 50th anniversary of its landing on

312

00:16:49,660 --> 00:16:44,570

the moon the American flag should be